



## A case report on hemorrhoids: Correlation of surgical findings with homoeopathic treatment

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### Abstract

**Background:** Hemorrhoids are common anorectal vascular disorders characterized by dilatation and displacement of the haemorrhoidal venous plexus. They commonly present with bleeding per rectum, pain, prolapse, and discomfort during defecation. This case report highlights the clinical presentation, assessment, and management of a patient suffering from hemorrhoids.

**Materials and methods:** The case was analyzed according to symptomatology classification according to Organon of medicine and was repertorised further using synthesis repertory from RADAR software. Final selection of remedy by homoeopathic materia medica and clinical experience.

**Result:** The case show gradual improvement in symptom and general well being of patient was observed.

**Conclusion:** Homoeopathy has significant efficacy in treating constipation and hemorrhoids.

**Keywords:** Hemorrhoids, Homoeopathy, Surgical Finding

### Introduction

Chief complaints

- Sever burning and itching around anal orifice after defecation since 3 months.
  - <during and after stool
  - >cold water
- Very hard stool required more straining, severe bleeding along with stool, burning after and during stool
  - <sitting work
  - <outside food
  - >Drinking hot water

**Associated complaints:** Generalized weakness.

**Past history:** Same complaint before 1 year, operated for hemorrhoids at that time.

**Family history:** father has renal calculus

**Allergy history:** no any

Physical generals

Diet-mixed

Appetite-decreased

Thirst- normal

Craving-coffee++, tea++

Sleep-disturbed after 3am onward

Dreams-not remember

Bowel- constipated, unsatisfactory stool

Thermal-chilly++

### Mental general

- Very irritable++++, angry+++ on small things or slightest contradiction. In anger he may throw thing or use harsh words, but regret after anger.
- Want everything in proper manner especially things present at his work place.
- Want to complete work quickly if not get irritable.
- Always in hurry. ++
- Sensitive to noise, light and criticism+
- Quarrelsome++
- Ambitious for carrier

### Clinical examination

B.P-120/85

Pulse-80/min

R.R-18/min SpO2-99 local examination-

### Inspection

- swelling is present at 3, 7, 11 o'clock position of anal orifice, swelling is large at 7 o'clock position hemorrhoid, with thrombosis
- cracked skin at lower part of anal canal palpation-
- Tenderness present, on digital rectal examination anal orifice is very tight, grade II external hemorrhoids.
- Soiling of sheet and dried blood on gloved finger.

### Diagnosis-External hemorrhoids grade II with fissure.

Miasmatic diagnosis

Dominant miasm-sycosis

Fundamental miasm -sycosis

Analysis of symptom

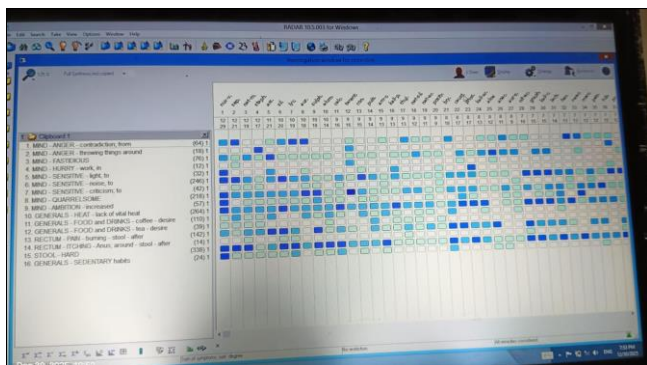
Anger on contradiction++	Mental general
Anger thrown the thing+	Mental general
Fastidious++	Mental general
Hurry, want to complete work quickly	Mental general
Sensitive to light++	Mental general
Sensitive to noise ++	Mental general
Sensitive to criticism++	Mental general
Quarrelsome++	Mental general
Ambitious++	Mental general
Thermally chilly++	physical general
Desire coffee++	physical general
Desire tea++	physical general
Burning in anus after defecation+++	Physical particular
Itching in anus after defecation+++	Physical particular
Constipation, unsatisfactory stool++	Physical particular
Sedentary life	Physical particular

### Totality of symptom

- Anger on contradiction++
- Anger thrown the thing+

- Anger use harsh words +
- Fastidious++
- Hurry,want to complete work quickly
- Sensitive to light++
- Sensitive to noise ++ Constipation,unsatisfactory stool++
- Sensitive to criticism++
- Quarrelsome++
- Ambitious++
- Thermally chilly++
- Desire coffee++
- Desire tea++
- Burning in anus after defecation+++
- Itching in anus after defecation+++
- Sedentary life

**Reportorial totality**



**Remedy differentiation and final selection of medicine**

After carefull selection of rubrics the probable remedies are nux vomica, nat Mur, staphysagria, sepia. Remedy differentiation

Done on the basis of homoeopathic meteria medica, so Nux vomica was final medicine.

Potency selection and repetition

3 dose of 200 potency was selected based on patient’s susceptibility and nature of diseases

**Final prescription**

Nux vomica200, BD 4 pills for 3 days

Sac lac 200 BD 4 pills for 10 days

**Progress notes**

1/9/24	Bowel regular,soft stool,swelling decreases,burning and itching around anus decrease up to 90 per	Placebo for 1 month	Favorable follow up
30/9/24	Soft stool,regular bowel and no burning and swelling	placebo	Favorable follow up

**Discussion**

In above case homoeopathic medicine act as a whole means mental as well as physical plane of that person. In that case patient has sedentary habit, hard stool, hemorrhoids as we prescribe on the basis of symptom similarity, it regulate bowel habit and reduces hemorrhoids

**Conclusion**

A well taken case is half cure if it is followed by appropriate selection of remedy potency and repetition cure the case completely. Homoeopathy has wide scope in hemorrhoids, and regulate bowel habit.

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